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# INDIAN HEAD RIVER RESTORATION (IHRR): RECONNECTING OUR RIVERS AND ESTUARIES







# IHRR Project Objectives

Restore native fish habitat

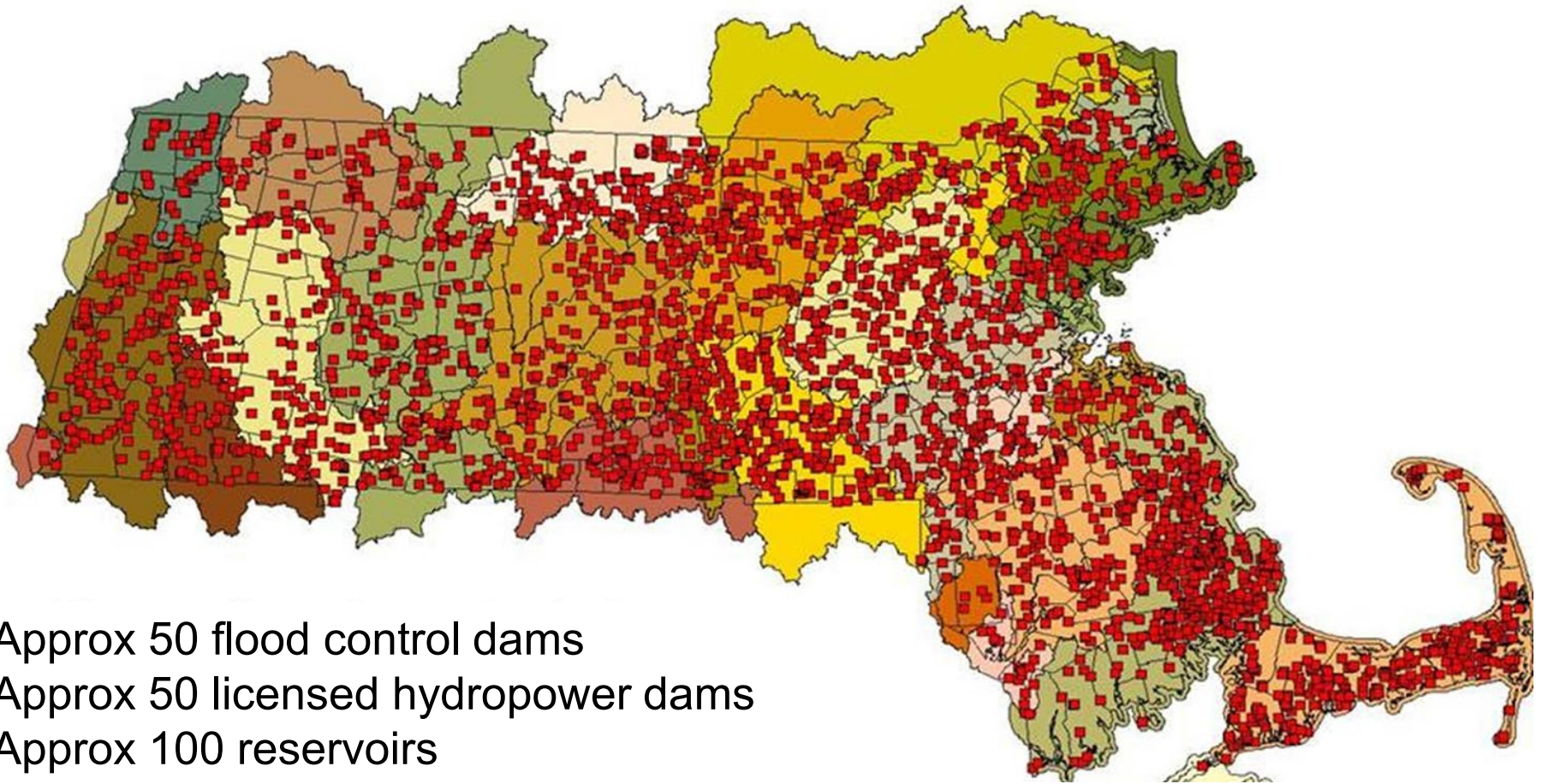
Remove aging infrastructure

Reduce liability for dam owners

Improve water quality, aquatic habitat and natural riverine processes

Eliminate ongoing maintenance

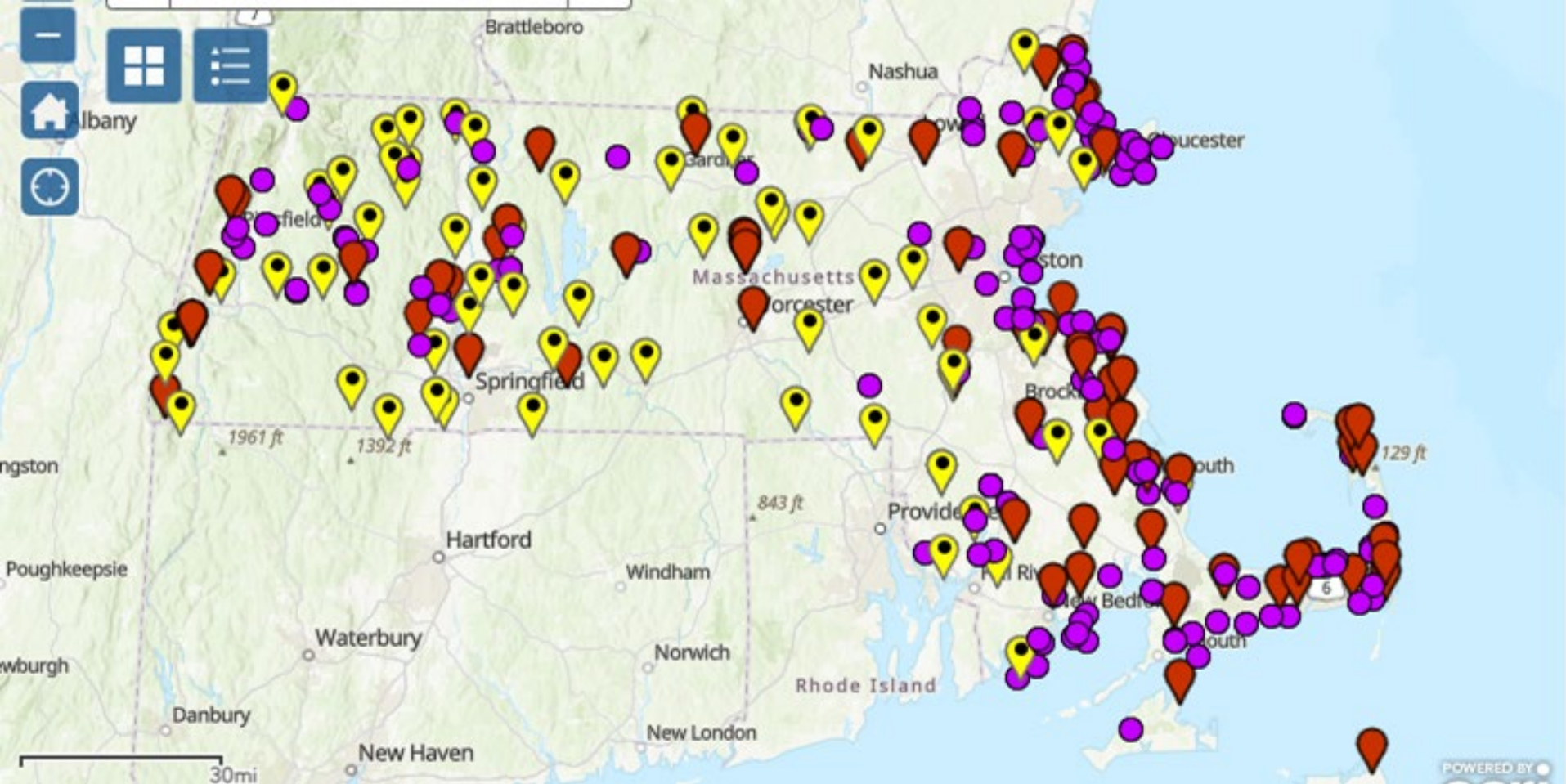
Increase resilience to climate change



Approx 50 flood control dams  
Approx 50 licensed hydropower dams  
Approx 100 reservoirs

# OVER 3,000 DAMS IN MASSACHUSETTS





### Map Legend

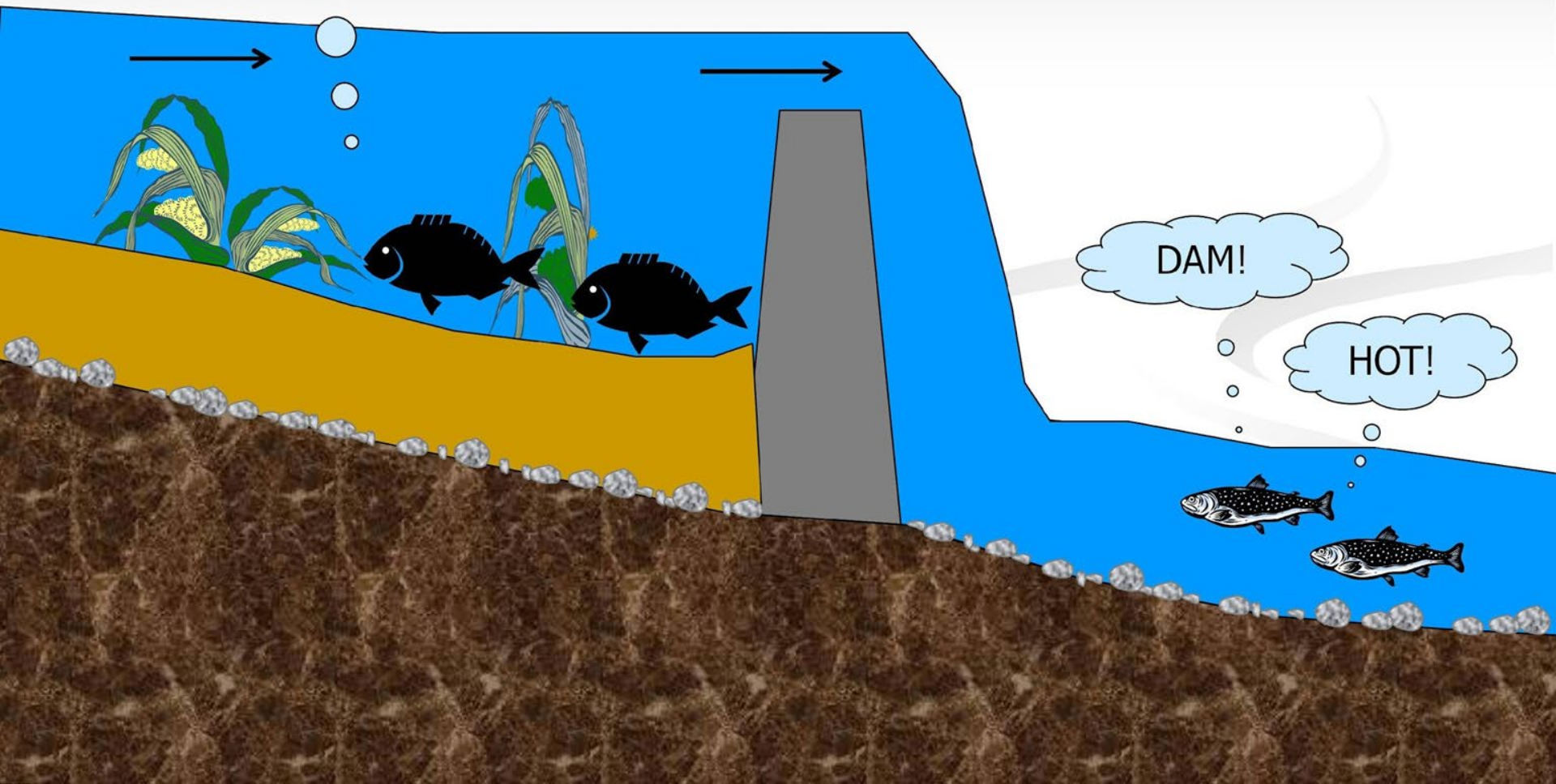
-  Culvert Replacement Municipal Assistance Grant
-  Active Project
-  Completed Project

# DAM REMOVAL IN MASSACHUSETTS

# Impacts of Dams on Rivers

- Block fish passage
- Warm temperatures
- Trap sediment and nutrients
- Degrade water quality

HOT  
DIGGETY  
DAM!





# MassDEP Natural Resource Damages Fund



MassDEP received \$6.9M in bankruptcy funds to restore natural resources injured by the Former National Fireworks Site. Injured natural resources include sediment, surface water, fisheries, aquatic life, and fish consumption advisories.

These funds are separate from the funds that are to be used for cleanup at the Fireworks Site and can only be used towards restoration.

# Ludden's Ford and State Street/Cross Street Dam Removals Restoration Feasibility Project

December 5, 2023

Sondra Shah, Inter-Fluve  
Neal Price, Horsley-Witten







## Outline:

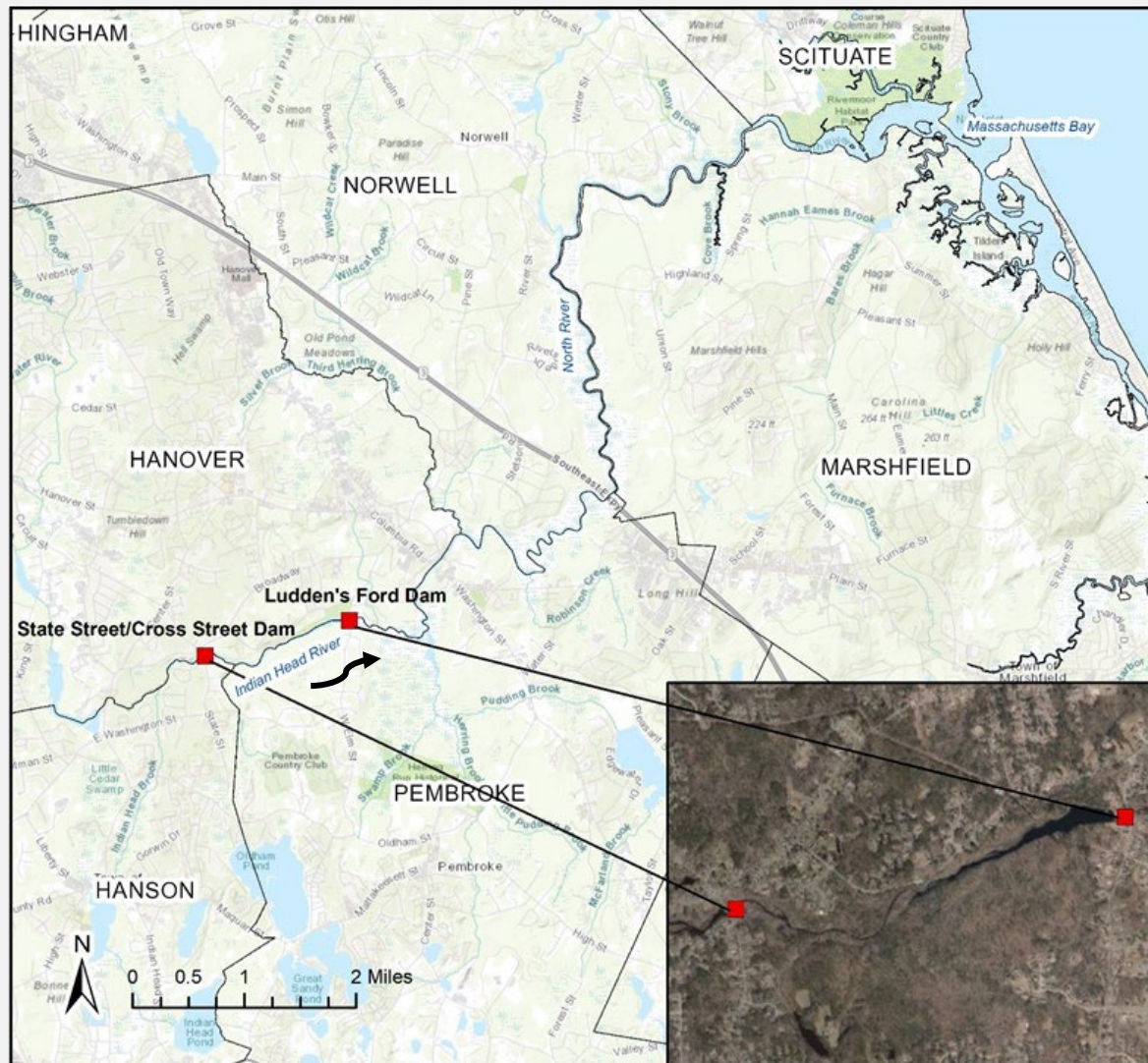
- Work Completed by Team
- Findings of Feasibility Study
- Case Studies

# The Team

- Consultants:
  - Inter-Fluve
  - Horsley-Witten
  - Herring Pond Tribe
  - Public Archaeology Lab (PAL)
- IH Steering Committee:
  - Towns of Hanover, Pembroke, and Hanson
  - North and South Rivers Watershed Association (NSRWA)
  - MassDEP's Natural Resource Damages Program

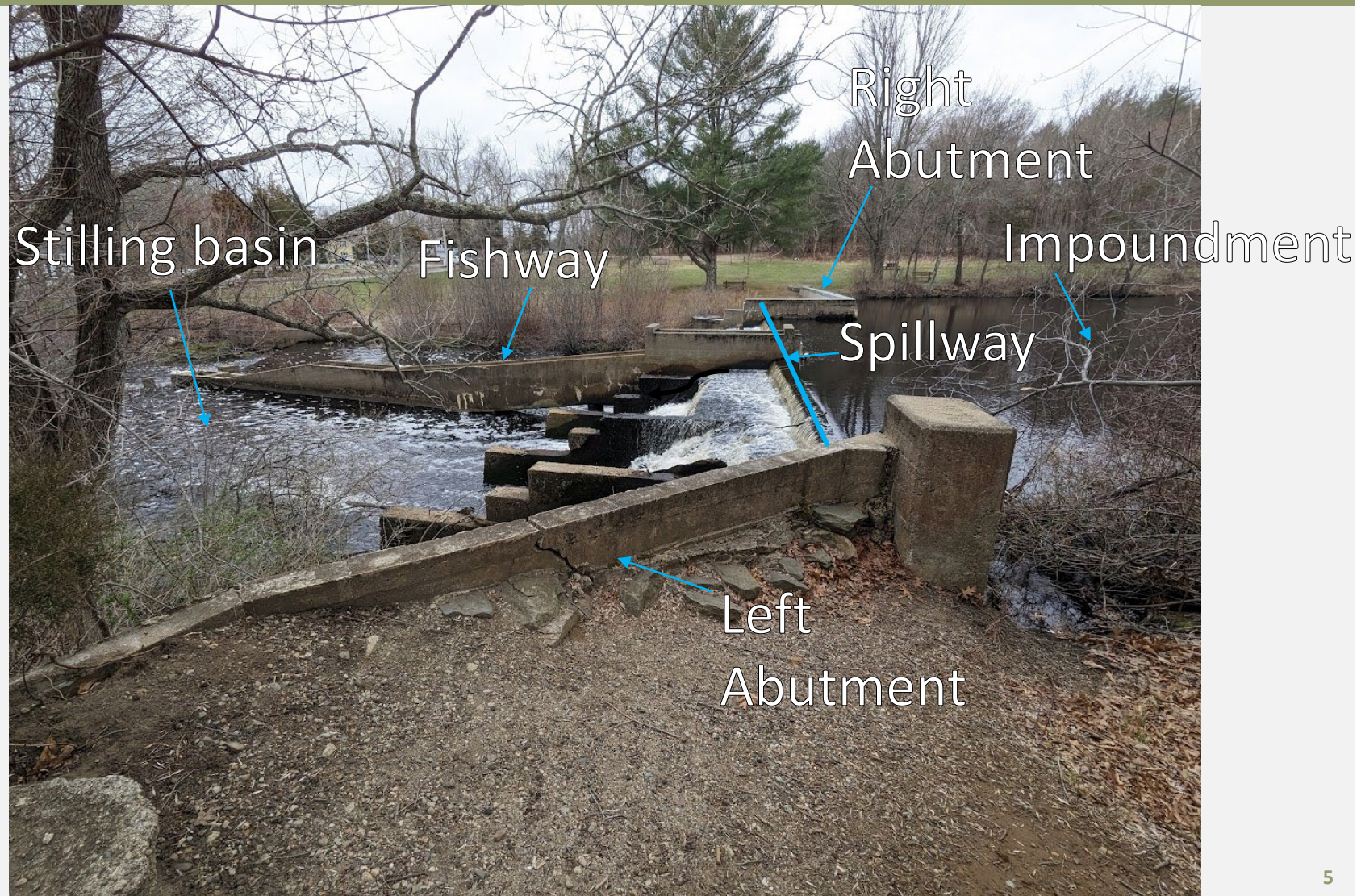


# Overview Map





# Existing Conditions at Ludden's Ford



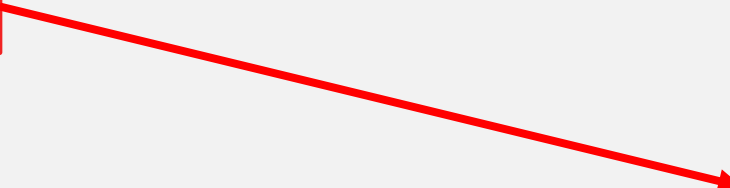


# Existing Conditions at State St/Cross St



# Dam Removal Process

- Concepts
- Feasibility Study
- Fundraising
- Preliminary Designs
- Permitting and community outreach
- Fundraising
- Final Designs
- Fundraising
- Bidding
- Construction
- Monitoring

- 
- Review Existing Conditions
  - Evaluate Feasibility of Removal
  - Determine costs, benefits, impacts of removal and other alternatives
  - Develop Conceptual Plans
    - Consideration for regulatory framework



# Assessment and Investigation

- Cultural resources assessment
- Hydrology and Hydraulics (flow and flooding)
- Sediment sampling, analysis and management planning

# Cultural Resources Assessment

- Native Americans relied on the IH River for food, transport, and more.
  - Pre-contact Native American archaeological sites were discovered on both sides of Ludden's Ford Dam in the 1980s/90s.
- European settlers began harnessing the IH River in the late 17<sup>th</sup> century.
  - Saw mill (wood)
  - Grist mill (grain)
  - Carding mill (wool)
  - Tack and nail factory (tacks for shoes, furniture, upholstery, carpet)
  - Iron works forge (anchors and cannonballs)
  - Rubber plant

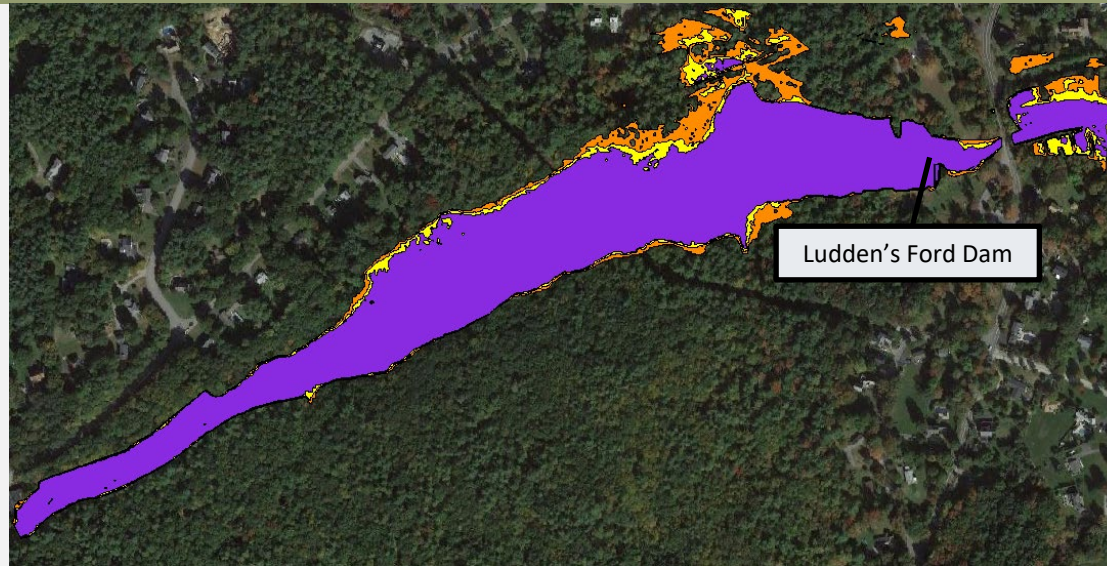


# Cultural Resources Assessment

- Both sites characterized as high sensitivity for pre-contact Native American cultural deposits and post-contact industrial archaeological resources.
  - Dam removals will have no effect on historic architectural resources, provided measures are taken to protect the historic Elm Street Bridge.
- Understanding the history of industrial land use for manufacturing informed sediment sampling.

# Ludden's Ford Flood Mapping (2, 10, and 100-year flood events)

Existing

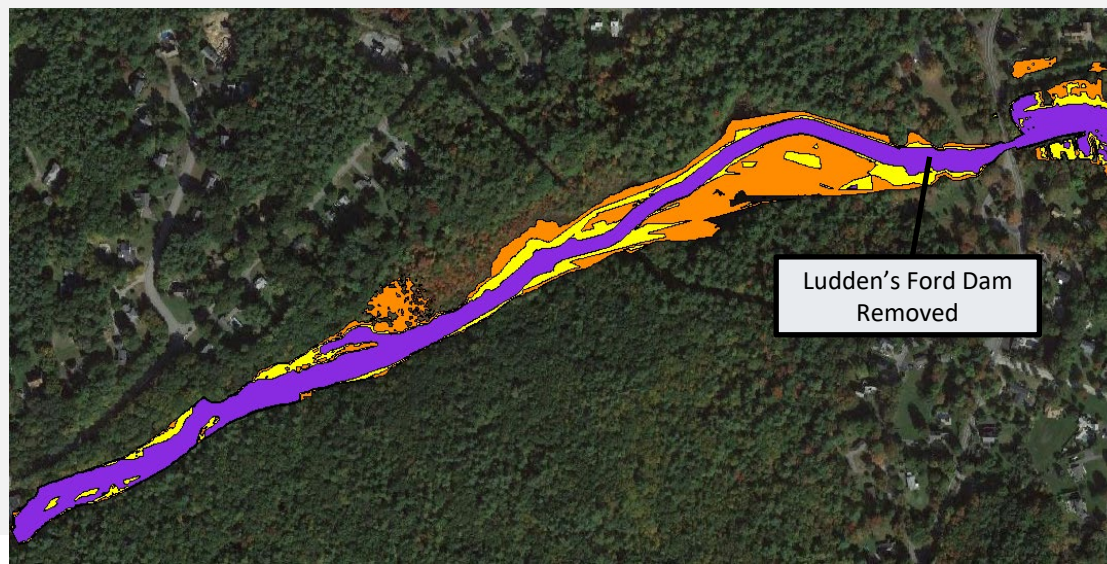


2-year

10-year

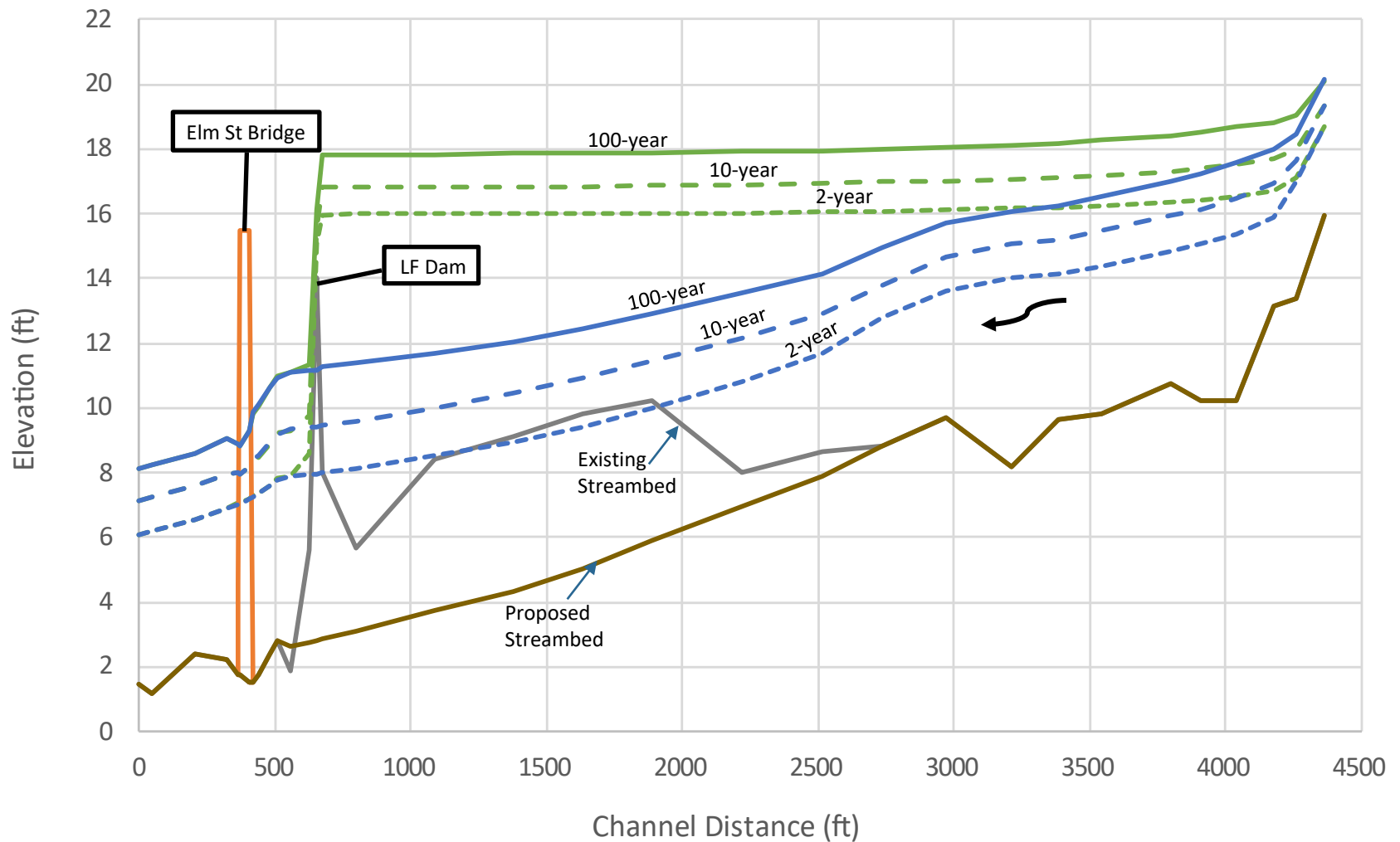
100-year

Proposed



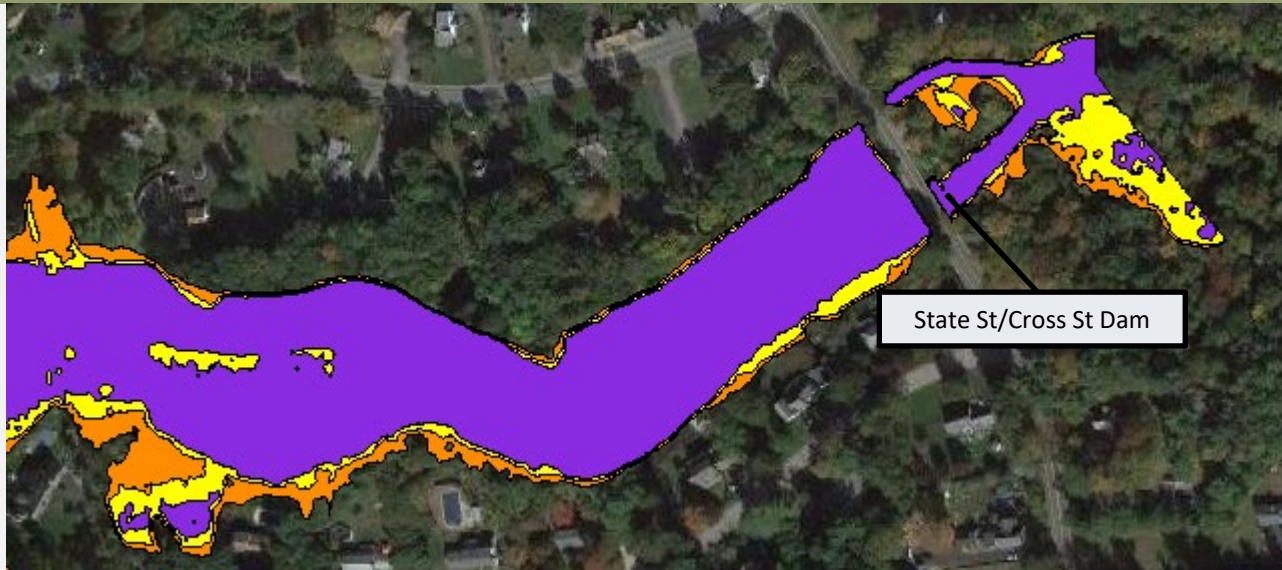


# Ludden's Ford: Existing (green) vs Proposed (blue) Water Surface Profiles



# State St/Cross St Flood Mapping (2, 10, and 100-year flood events)

Existing

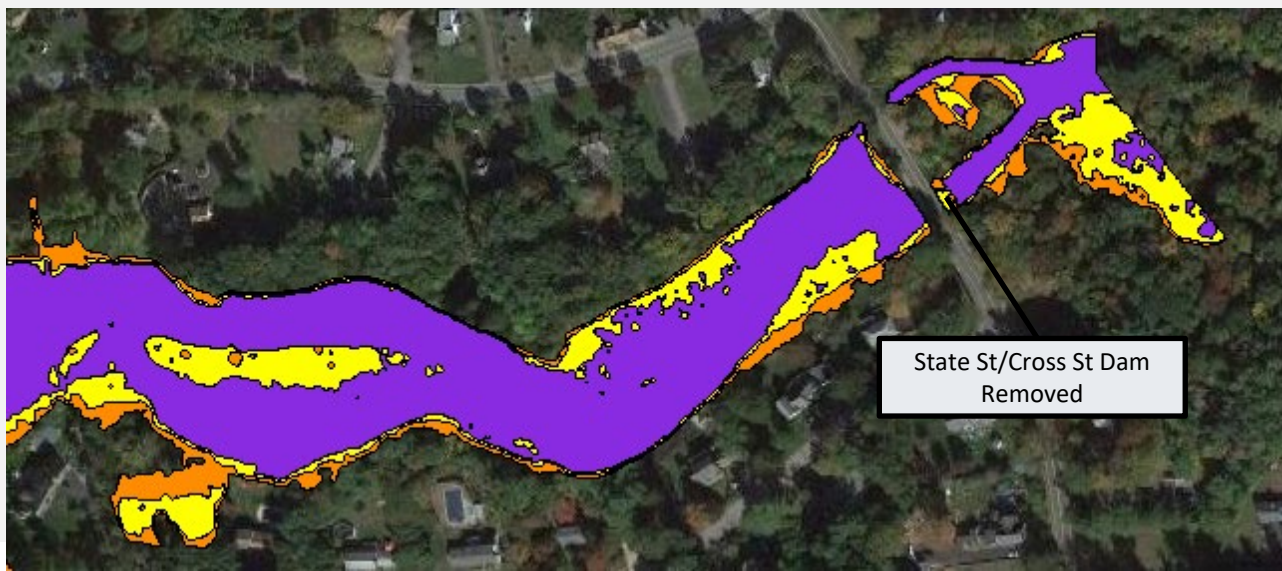


2-year

10-year

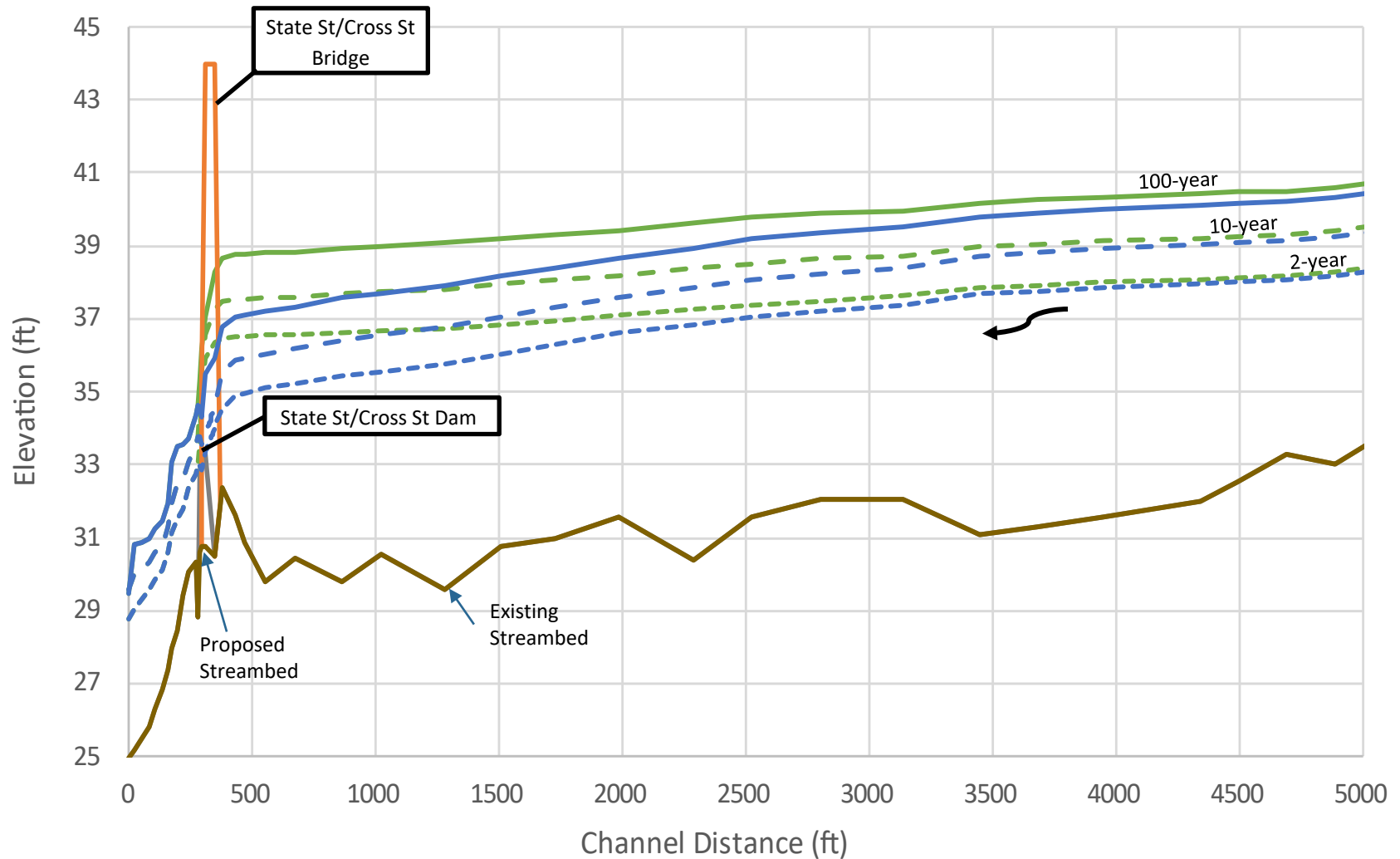
100-year

Proposed

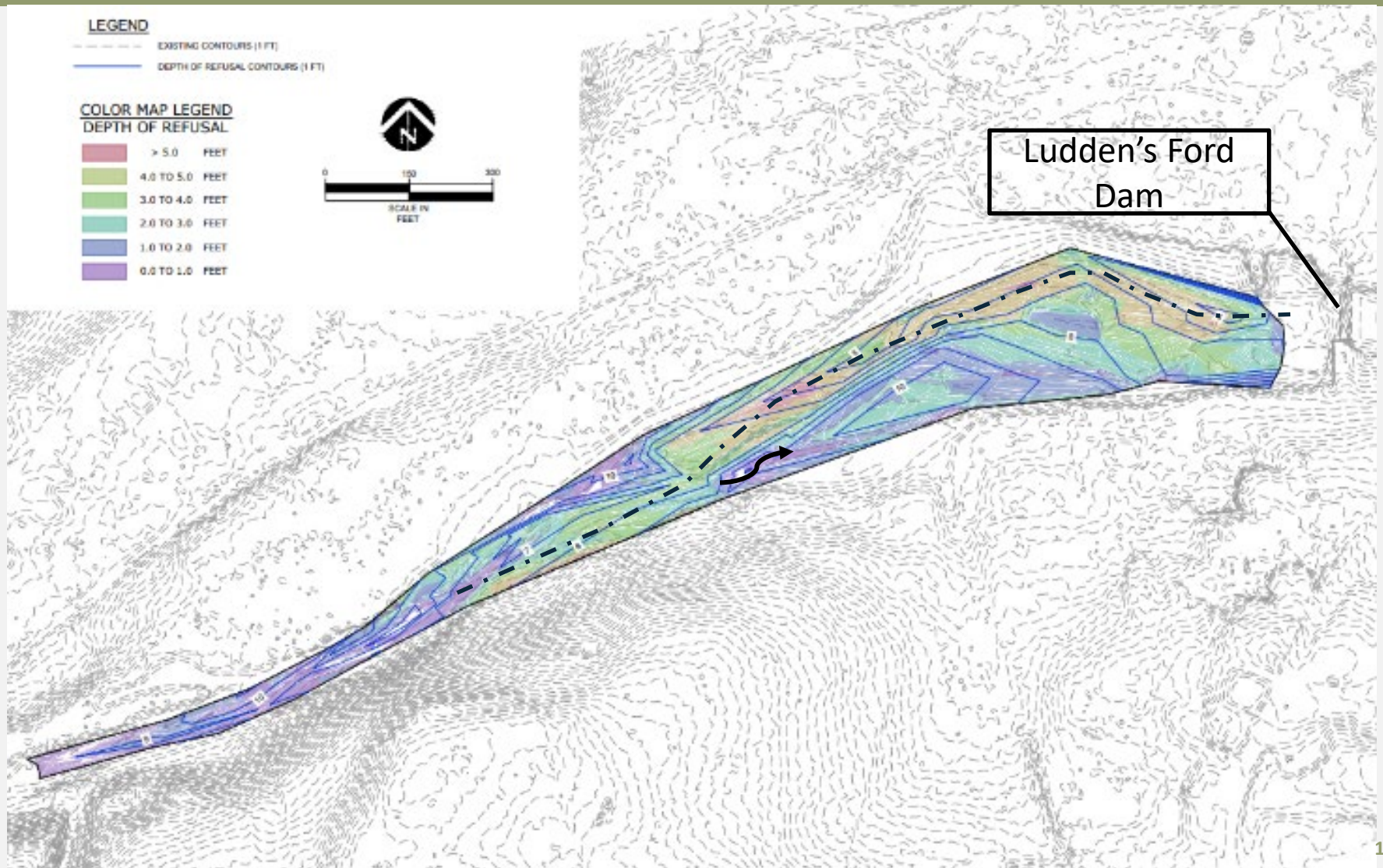




# State St/Cross St: Existing (green) vs Proposed (blue) Water Surface Profiles



# Sediment Depth Analysis





# Sediment Sampling Plan

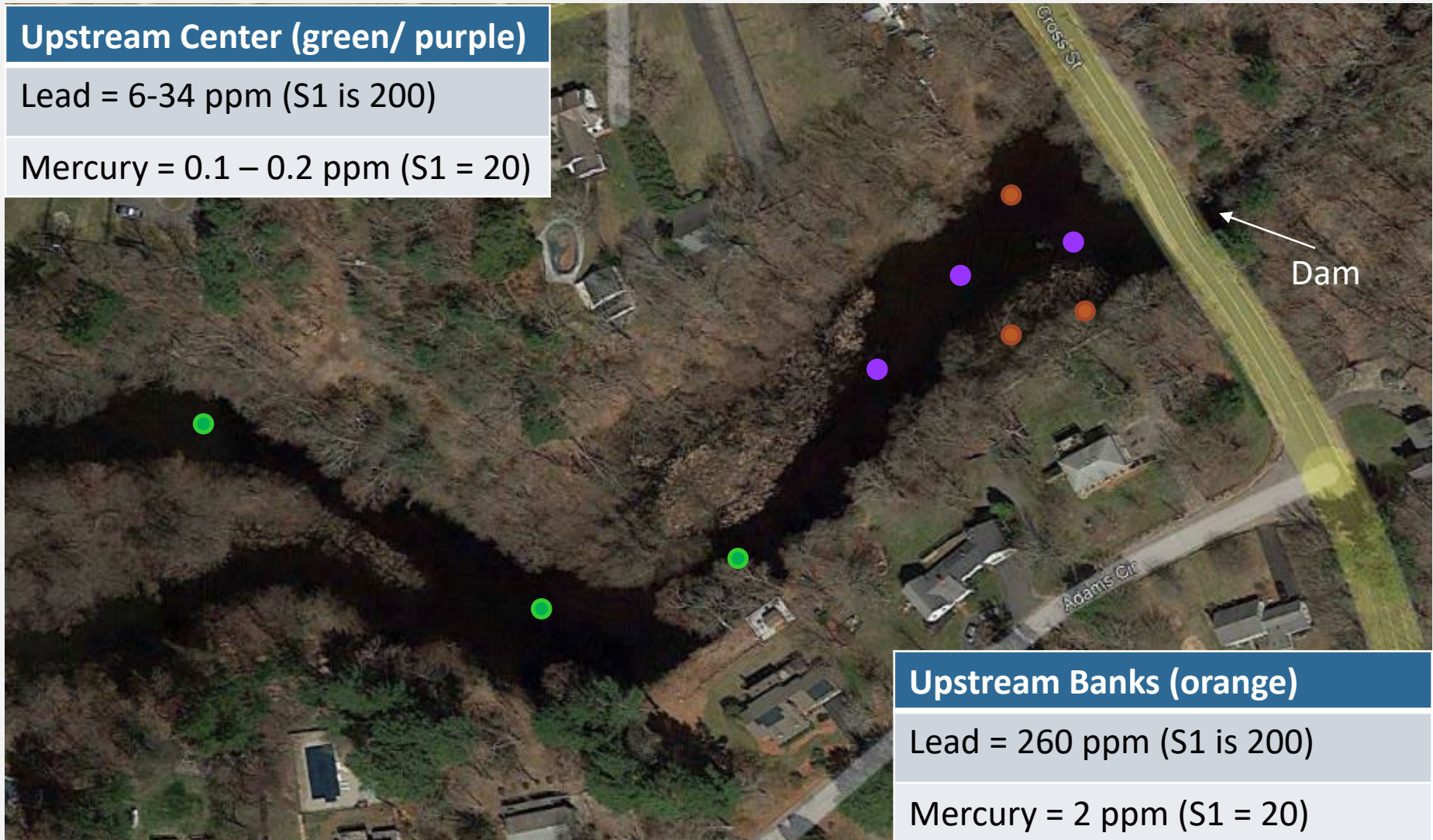
- Developed sediment sampling plan based on:
  - Due diligence review
  - MassDEP 401 WQC Regulations
  - Site Conditions
  - Mass DEP comments
- Took a total of 7 composite samples (3 cores per sample)
  - Downstream of Ludden's Ford: 1 sample
  - Ludden's Ford Impoundment: 3 samples
  - State St/Cross St Impoundment: 3 samples

# State St/Cross St Sediment Sampling Locations and Results

## Upstream Center (green/ purple)

Lead = 6-34 ppm (S1 is 200)

Mercury = 0.1 – 0.2 ppm (S1 = 20)



## Upstream Banks (orange)

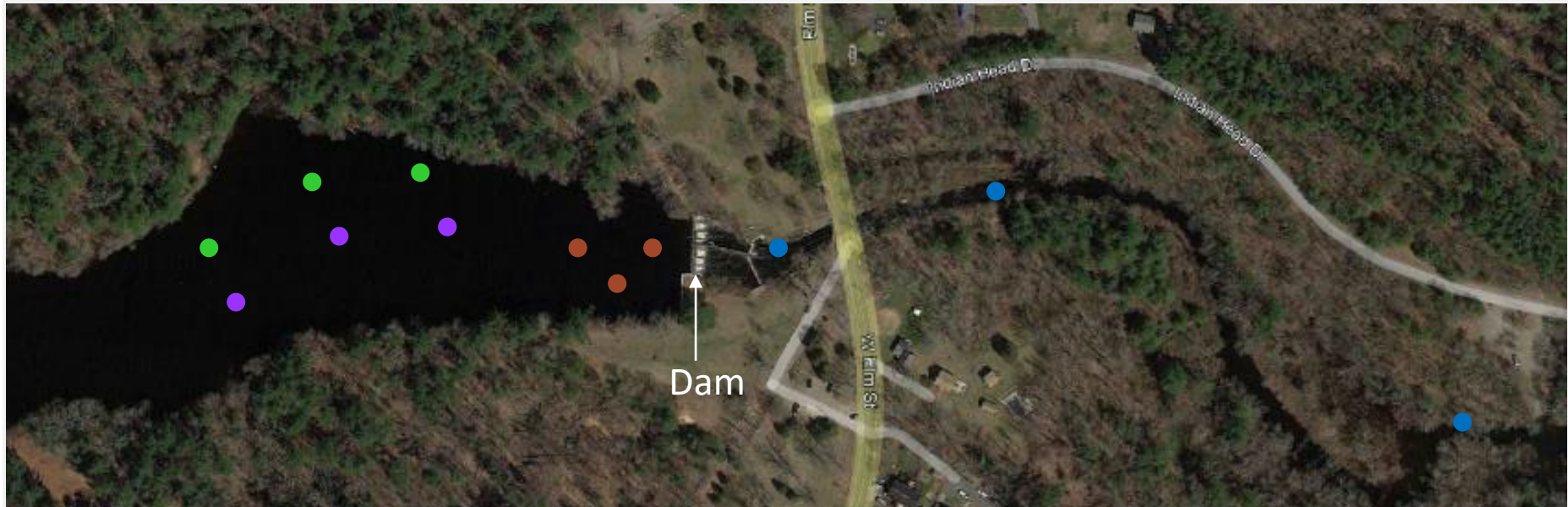
Lead = 260 ppm (S1 is 200)

Mercury = 2 ppm (S1 = 20)



# Ludden's Ford

## Sediment Sampling Locations and Results



### Upstream Left (green)

Lead = 453 ppm (S1 is 200)

Mercury = 46 ppm (S1 = 20)

### Upstream Center (purple/orange)

Lead = 57 - 380 ppm

Mercury = 0.1 - 19 ppm

### Downstream (blue)

Lead = 302 ppm

Mercury = 0.2 ppm

# Sediment Results in Context

- 4/7 samples had concentrations of lead and/or mercury that exceed MassDEP S1 standards. Generally 1-2X S1 standards.
- 7/7 samples had concentrations of lead and/or mercury that exceed MassDEP ecological screening values.
- Concentrations of lead in both impoundments were similar to the concentrations of lead downstream of Ludden's Ford.
- Highest concentrations above both dams along riverbanks.



# Sediment Results in Context

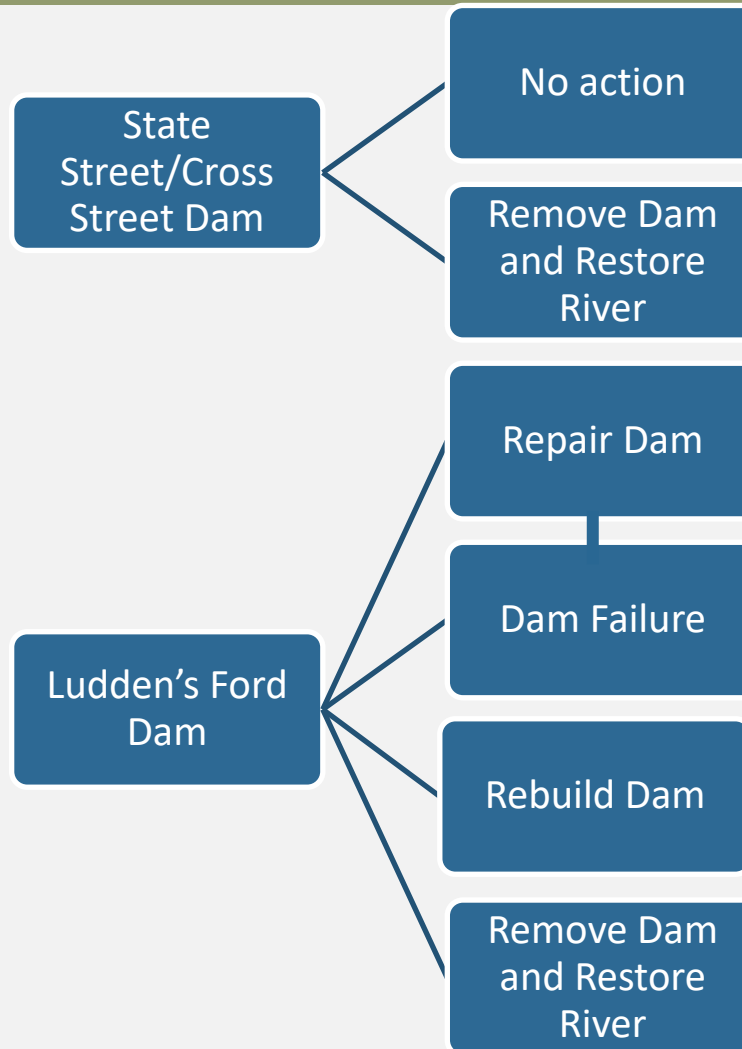
- Concentrations of mercury are 33-50% less than what was found in Factory Pond.
- Concentrations of lead are 50-95% less than what was found in Factory Pond.
- Results are consistent with similar former industrial dam settings.
- More sampling will be needed to better refine extents of higher metal concentrations.

# Sediment Management Alternatives

- Passive Downstream Release: sediment is not managed and allowed to evacuate the impoundment naturally.
- Partial Removal: sediment is excavated and removed from higher metals concentration areas and from portions of the designed channel. Remaining sediment allowed to passive release.
- Partial Stabilization: higher metals concentration areas are stabilized in place. Remaining sediment allowed to passive release.
- Full Removal: all mobile sediment is excavated from the impoundment.
- Excavated sediment may be placed on site and capped with clean soil or removed from the site.



# Decision Making Tree



# Dam Repair



<https://www.youtube.com/watch?v=t0UNUwGWIB0be>



# Dam Repair

## Pros:

- Quick fix
- Keep flat water recreation

Pro/Con: Delay sediment management

## Cons:

- Major improvements are needed
- Annual maintenance
- Safety concerns
- Legal & liability concerns for Towns
- Dams will continue to alter IH River ecosystem
- Historic fish run, important to Tribes, still blocked

Cost to repair: \$800,000 over 50 years

<https://www.youtube.com/watch?v=t0UNUwGWIB0be>

# Dam Failure



Hydenville Dam as it breached in historic flooding (detroitnews.com)



# Dam Rebuild



<https://hotcore.info/babki/small-creek-dam-construction.html>



# Dam Rebuild

## Pros:

- Rebuild dam to correct spillway capacity
- Reduce safety concerns

## Cons:

- Legal and liability concerns for Towns
- Annual maintenance
- Dams will continue to alter IH River ecosystem
- Historic fish run, important to Tribes, still blocked

Cost to rebuild: \$4.7 million



# Dam Removal & River Restoration





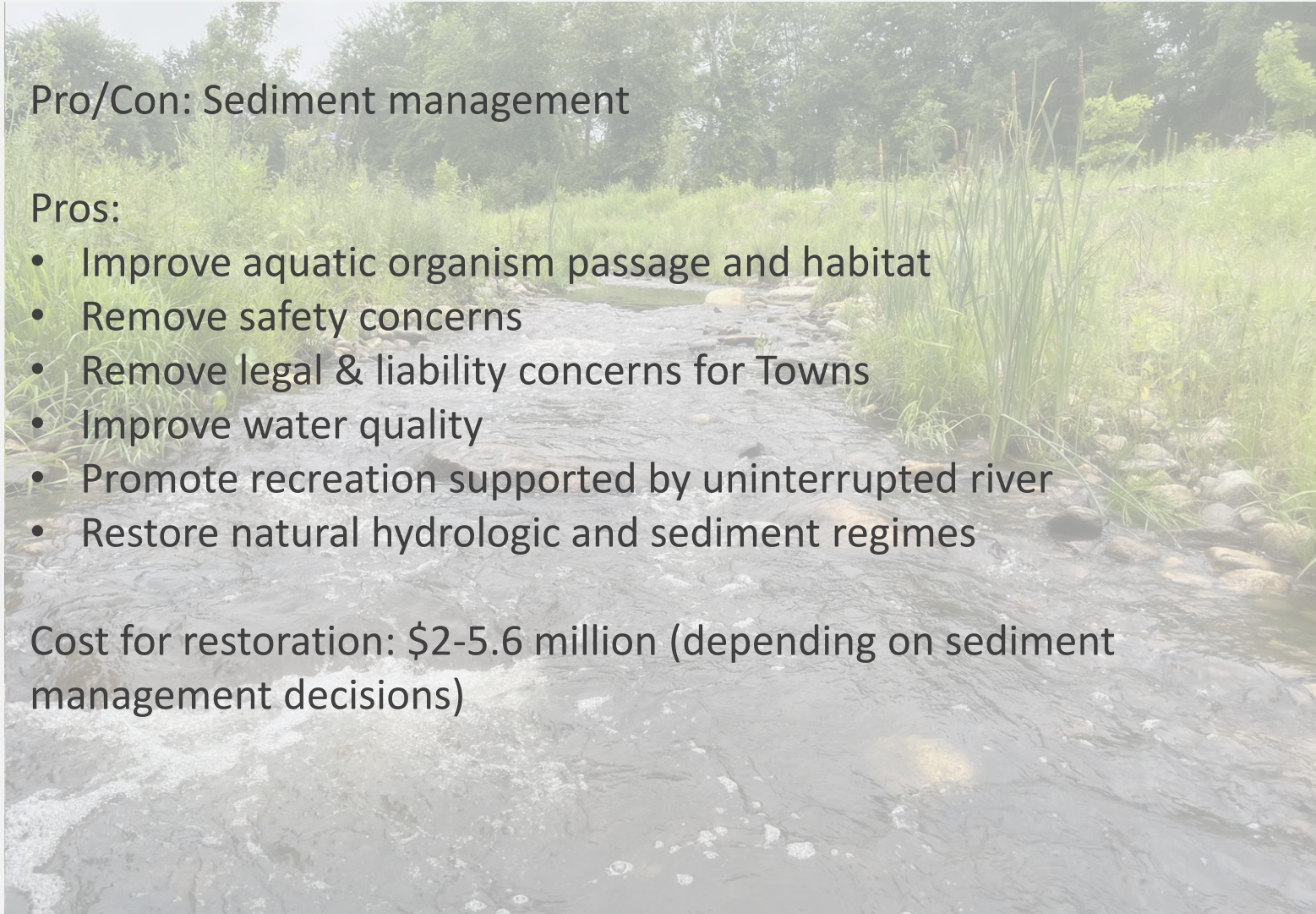
# Dam Removal & River Restoration

## Pro/Con: Sediment management

### Pros:

- Improve aquatic organism passage and habitat
- Remove safety concerns
- Remove legal & liability concerns for Towns
- Improve water quality
- Promote recreation supported by uninterrupted river
- Restore natural hydrologic and sediment regimes

Cost for restoration: \$2-5.6 million (depending on sediment management decisions)





# Ludden's Ford Dam





# Ludden's Ford Dam Removal and Restoration



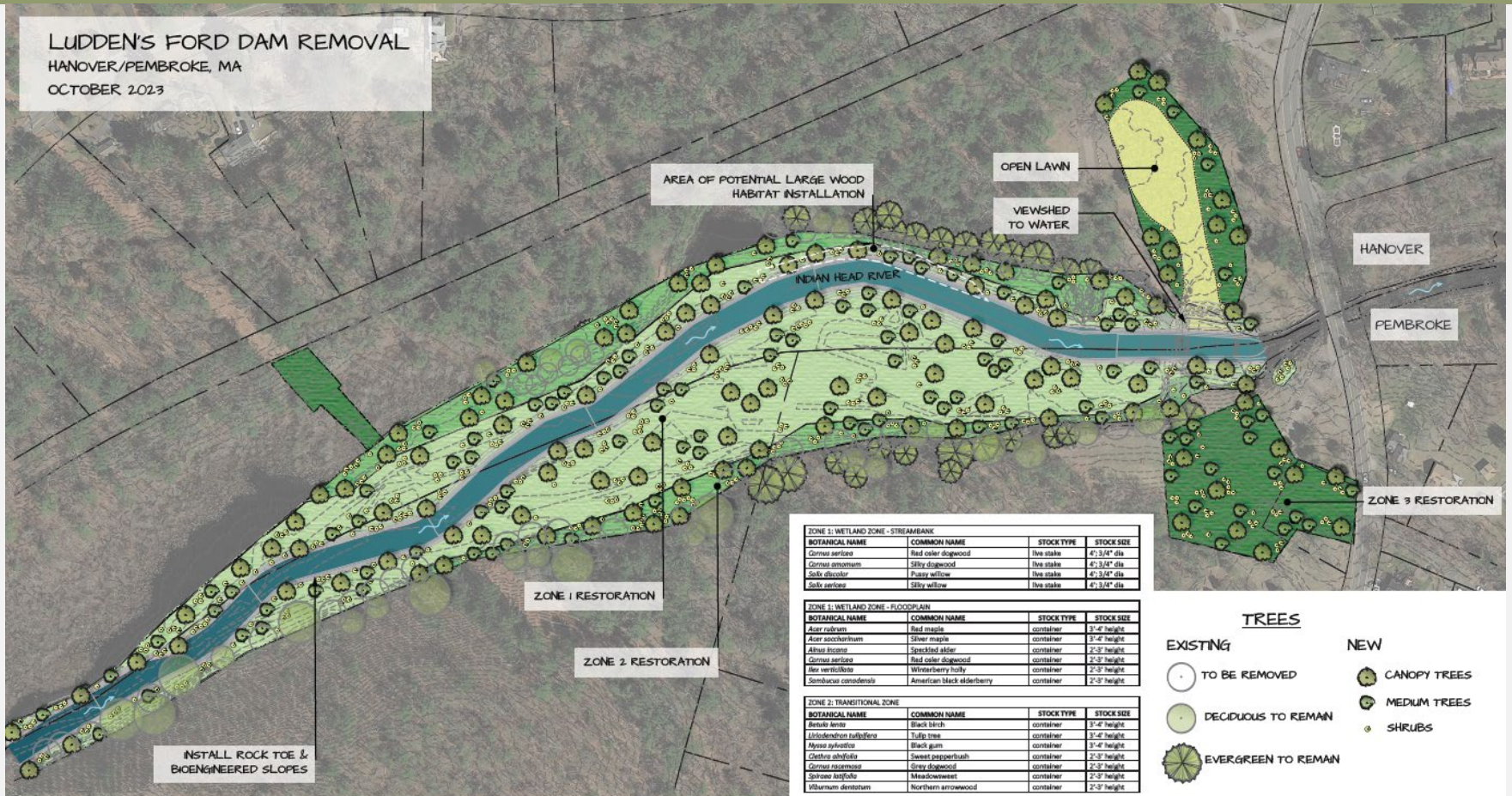
# Ludden's Ford Dam Removal and Restoration

- Protect sensitive areas.
- Remove dam spillway, right abutment, and detach left abutment from foundation remnants.
- Excavate sediment to construct channel.
- Establish a riffle at site of the dam.
- Install large wood in outer banks of meander bends to provide for additional fish habitat.
- Stabilize banks with fabric covered slope and plantings.



# Ludden's Ford Dam Removal and Restoration

LUDDEN'S FORD DAM REMOVAL  
HANOVER/PEMBROKE, MA  
OCTOBER 2023



ZONE 1: WETLAND ZONE - STREAMBANK			
BOTANICAL NAME	COMMON NAME	STOCK TYPE	STOCK SIZE
<i>Cornus sericea</i>	Red osier dogwood	live stake	4" 3/4" dia
<i>Cornus amomum</i>	Silky dogwood	live stake	4" 3/4" dia
<i>Salix discolor</i>	Pussy willow	live stake	4" 3/4" dia
<i>Salix sericea</i>	Silky willow	live stake	4" 3/4" dia

ZONE 1: WETLAND ZONE - FLOODPLAIN			
BOTANICAL NAME	COMMON NAME	STOCK TYPE	STOCK SIZE
<i>Acer rubrum</i>	Red maple	container	1'-4" height
<i>Acer saccharum</i>	Sugar maple	container	1'-4" height
<i>Alnus incana</i>	Spectled alder	container	2'-3" height
<i>Cornus sericea</i>	Red osier dogwood	container	2'-3" height
<i>River verticillata</i>	Winterberry holly	container	2'-3" height
<i>Sambucus canadensis</i>	American black elderberry	container	2'-3" height

ZONE 2: TRANSITIONAL ZONE			
BOTANICAL NAME	COMMON NAME	STOCK TYPE	STOCK SIZE
<i>Black birch</i>	Black birch	container	1'-4" height
<i>Liriodendron tulipifera</i>	Tulip tree	container	1'-4" height
<i>Myrica asplenifolia</i>	Black gum	container	1'-4" height
<i>Clethra alnifolia</i>	Sweet pepperbush	container	2'-3" height
<i>Cornus racemosa</i>	Gray dogwood	container	2'-3" height
<i>Sorbus latifolia</i>	Meadowweet	container	2'-3" height
<i>Viburnum dentatum</i>	Northern arrowwood	container	2'-3" height

ZONE 3: UPLAND ZONE			
BOTANICAL NAME	COMMON NAME	STOCK TYPE	STOCK SIZE
<i>Acer rubrum</i>	Red maple	container	1'-4" height
<i>Betula alleghaniensis</i>	Yellow birch	container	1'-4" height
<i>Clethra alnifolia</i>	Sweet pepperbush	container	2'-3" height
<i>Myrica pennsylvanica</i>	Northern bayberry	container	2'-3" height
<i>Viburnum dentatum</i>	Northern arrowwood	container	2'-3" height

## TREES

### EXISTING

- TO BE REMOVED
- DECIDUOUS TO REMAIN
- EVERGREEN TO REMAIN

### NEW

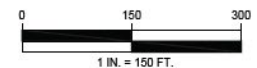
- CANOPY TREES
- MEDIUM TREES
- SHRUBS

## LEGEND

- PARCEL BOUNDARY
- MUNICIPAL BOUNDARY
- EXISTING 1 FT CONTOUR
- EXISTING 5 FT CONTOUR
- PROPOSED 1 FT CONTOUR
- TOP OF BANK

- ZONE 1: WETLAND SEED, TREES, AND SHRUBS
- ZONE 2: TRANSITIONAL SEED, TREES, AND SHRUBS
- ZONE 3: EROSION CONTROL SEED, UPLAND TREES, AND SHRUBS
- RIVER FLOW DIRECTION

NOTE: RIVER SHOWN AT 50% FLOW EXCEEDANCE - MEDIAN FLOW CONDITION





# State St/ Cross St Dam





# State St/ Cross St Dam Removal and Restoration

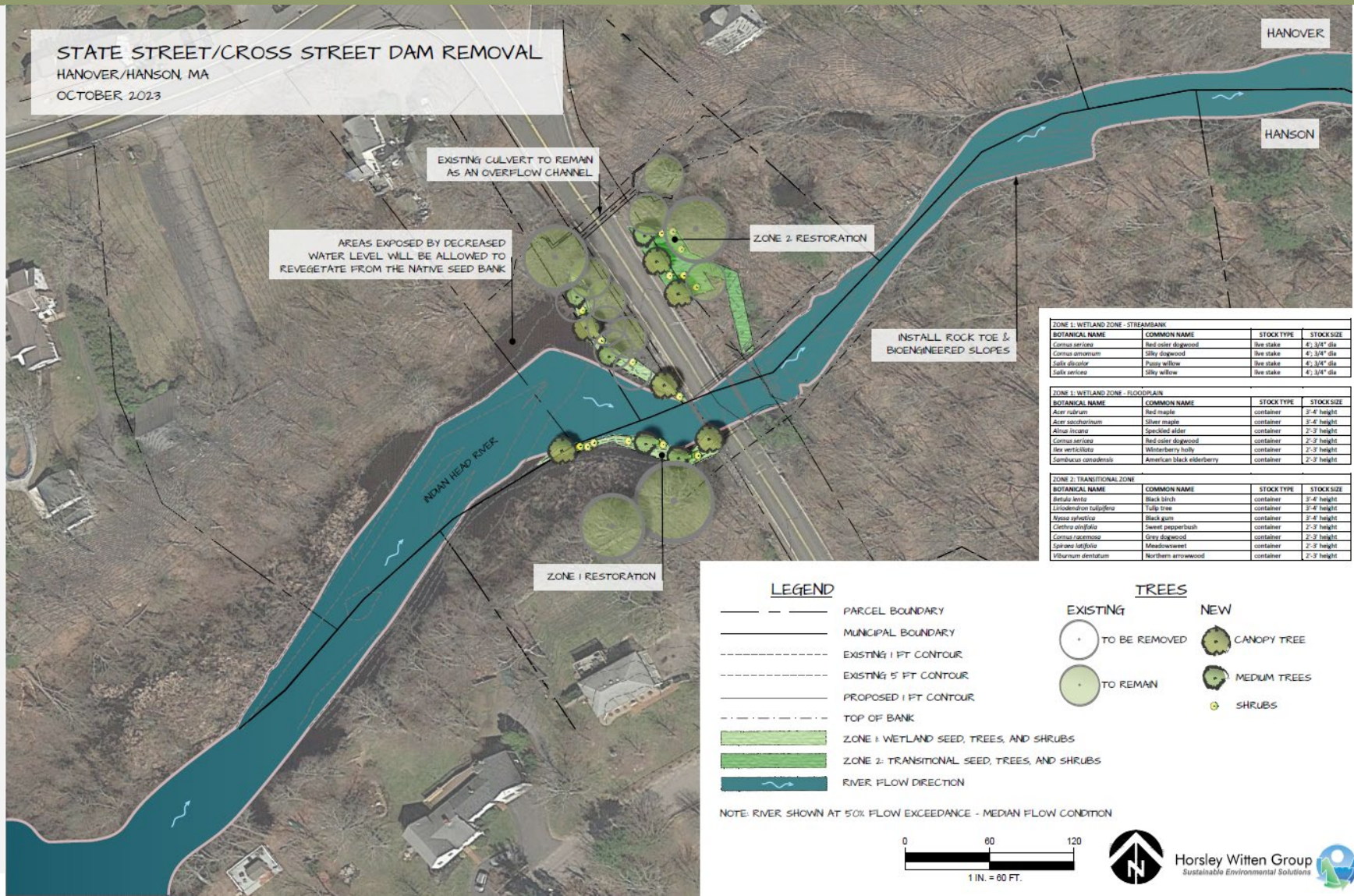


# State St/Cross St Dam Removal and Restoration

- Protect sensitive areas.
- Remove vertical extent of dam spillway, right abutment, and left abutment.
- Remove selected stones to grade channel that provides fish passage.
- Addition of scour protection measures at the bridge.
- Stabilize banks with fabric covered slope and plantings.

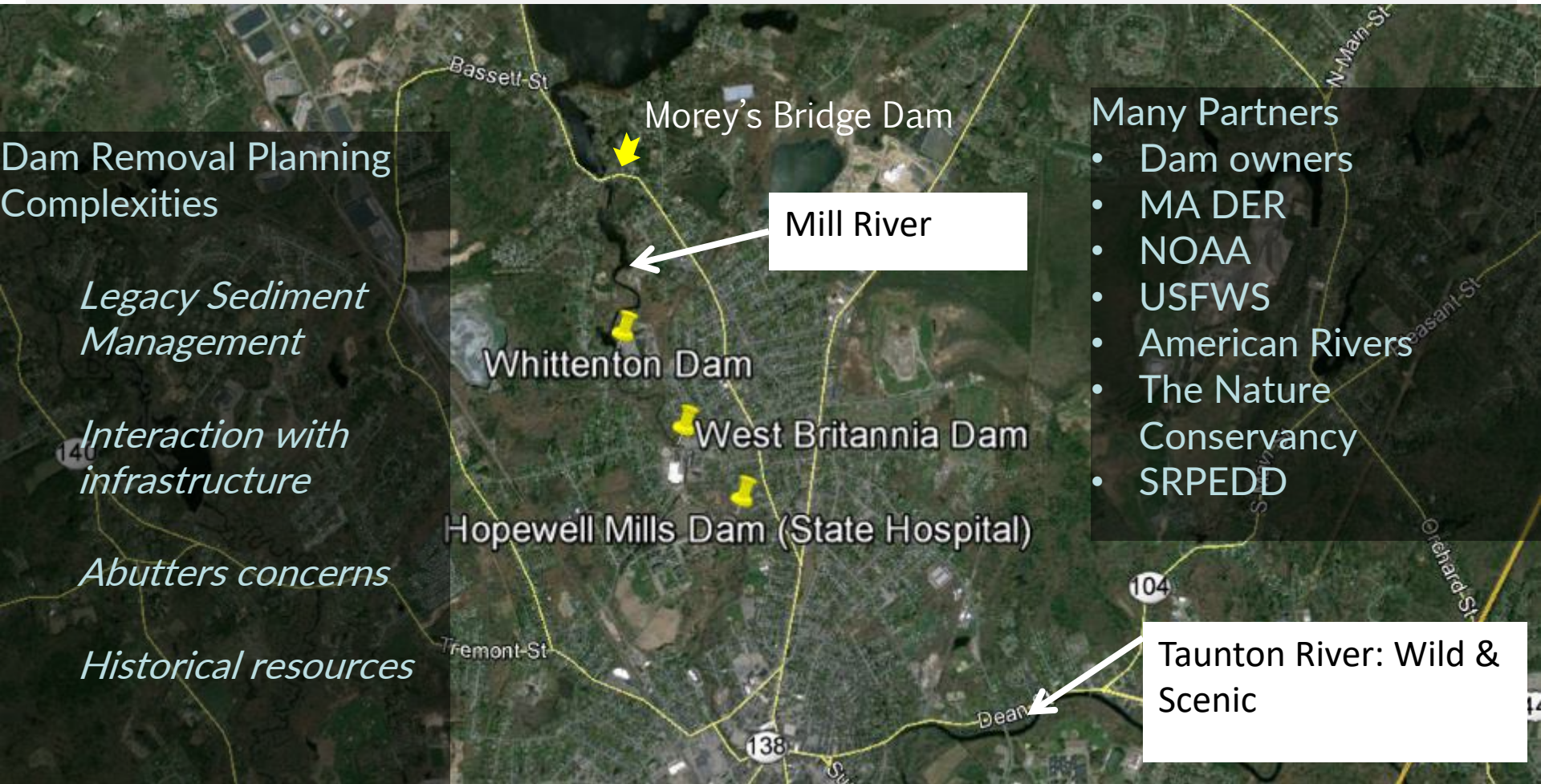


# State St/Cross St Dam Removal and Restoration





# Case Study 1 – Mill River, Taunton, MA



# Hopewell Mills





**Hopewell Mills Dam, Mill River, Taunton, MA**  
**~14,000 cubic yards of impounded sediment**





# **Hopewell Mills Dam, Mill River, Taunton, MA – During Construction**

## **Active sediment removal and channel construction**





## **Hopewell Mills Dam, Mill River, Taunton, MA – 3 years after Construction**

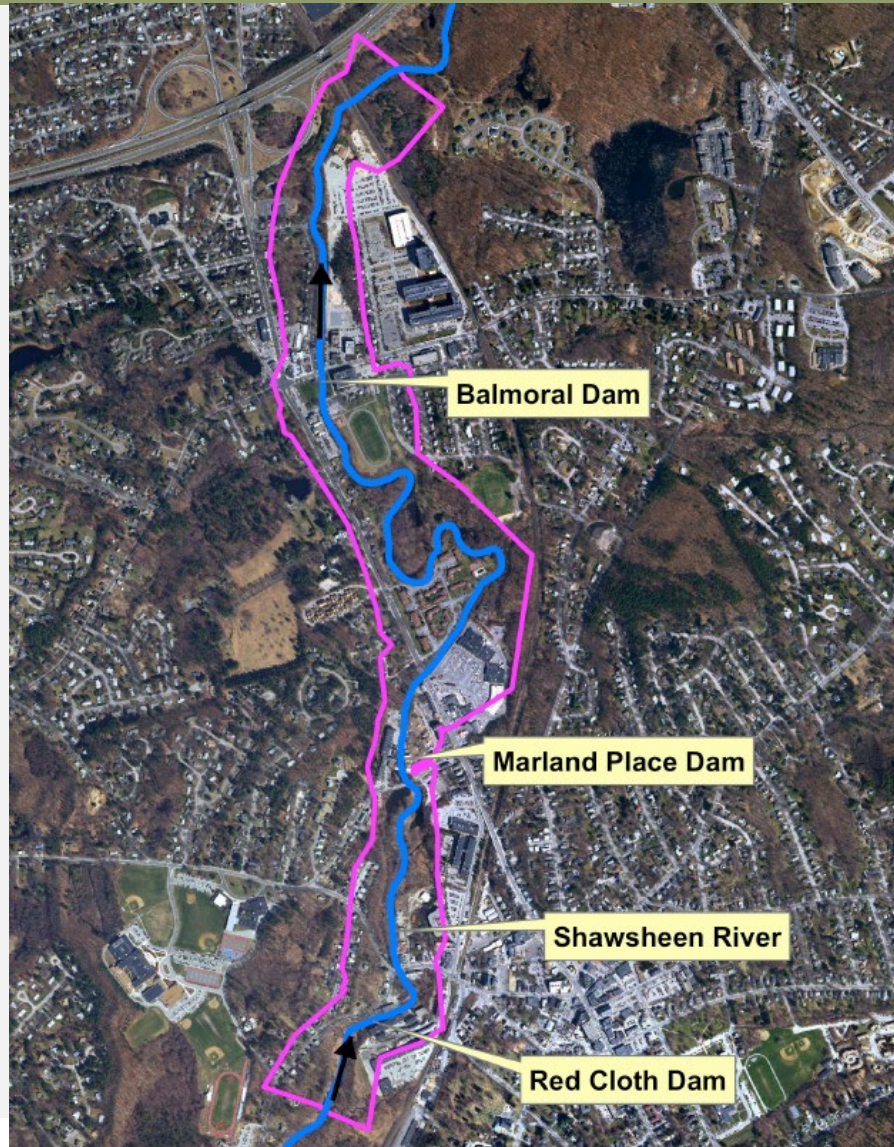


# 1<sup>st</sup> migratory season after removal of Hopewell Mills Dam





## Case Study 2 – Shawsheen River, Andover, MA





**Marland Place Dam, Shawsheen River, Andover, MA  
Looking Upstream (Dam removed in 2017)**



**Lead exceeded human health thresholds and was higher than what was found in the Ludden's Ford and State Street/Cross Street impoundments.**



# **Marland Place – Post Construction – 2022**

## **Looking Upstream**



**Around 3,000 cu. yds of sediment removed to an offsite landfill**



# Marland Place Dam – Pre-Construction Looking Downstream







**Marland Place – During Construction**  
**Looking Downstream**



# Marland Place – Post-Construction – 2019

## Looking Downstream





# Thank You!

Sondra Shah  
sshah@interfluve.com  
www.interfluve.com

Neal Price  
nprice@horsleywitten.com  
<https://horsleywitten.com/>



Interfluve.com

What We Know	What We Don't Know
<p data-bbox="189 247 840 358">Dam removal is possible at both sites</p> <p data-bbox="189 436 871 548">Dam removal won't increase downstream flooding</p> <p data-bbox="189 626 877 801">Dam removal will increase suitable habitat for fish, birds and other species</p> <p data-bbox="189 879 933 1053">Removing State St Dam will be easier than removing Ludden's Ford Dam</p> <p data-bbox="189 1132 732 1186">Recreation will change</p> <p data-bbox="189 1265 923 1376">Funding is available for habitat restoration</p>	<p data-bbox="985 247 1725 358">How Superfund will impact this project</p> <p data-bbox="985 436 1680 611">How long these dams will be able to withstand current and future climate conditions</p> <p data-bbox="985 689 1748 801">Exactly how much sediment will need to be removed</p> <p data-bbox="985 879 1678 991">Source of the contaminated sediment behind these dams</p>



# Alternatives Analysis

	Option 1: Dam Repair	Option 2: Dam Rebuild	Option 3: Dam Removal & Restoration
Funding Available	X	X	✓
Restore native fish habitat	X	X	✓
Remove aging infrastructure	X	✓	✓
Reduce liability for dam owners	X	✓	✓
Improve water quality and aquatic habitat	X	X	✓
Eliminate ongoing maintenance	X	X	✓
Increase resilience to climate change	X	✓	✓

# Next Steps

Towns decide to pursue restoration

Additional sediment sampling for Ludden's Ford

75% Design

Permitting & Fundraising

Construction



# Questions?



Becky Malamut  
[becky@nsrwa.org](mailto:becky@nsrwa.org)

# Resources

## IHRR Story Map

<https://storymaps.arcgis.com/stories/8727e82202ed4beaa27d11d440abb6ad>

## IHRR Landing Page

<https://www.nsrwa.org/protect-our-waters/healthy-rivers/dam-removals/indian-head-river-restoration/>

## Related Pages

<https://www.nsrwa.org/history-of-fireworks-site/>

<https://www.nsrwa.org/fireworks-proposed-as-superfund-site/>

<https://www.nsrwa.org/fireworks-clean-up-update-factory-pond-and-downstream/>