

# North and South Rivers Watershed Association

## Paddling Chart 2026

### Suggested Starting Times (June 5-October 31)

Date	NORTH RIVER High Tide	Start Window from Marshfield Canoe Launch -1:30 / +:15	Estimated Couch Beach High Tide +1:45	Estimated High Tide Old Washington St Bridge, Hanover <i>(You must get through the bridge before the tide turns here)</i> +2:30
Monday, May 4, 2026	2:23 PM	12:53 PM 2:38 PM	4:08 PM	4:53 PM
Tuesday, May 5, 2026				
Wednesday, May 6, 2026				
Thursday, May 7, 2026				
Friday, May 8, 2026				
Saturday, May 9, 2026				
Sunday, May 10, 2026				
Monday, May 11, 2026				
Tuesday, May 12, 2026	8:11 AM	6:41 AM 8:26 AM	9:56 AM	10:41 AM
Wednesday, May 13, 2026	9:06 AM	7:36 AM 9:21 AM	10:51 AM	11:36 AM
Thursday, May 14, 2026	9:59 AM	8:29 AM 10:14 AM	11:44 AM	12:29 PM
Friday, May 15, 2026	10:51 AM	9:21 AM 11:06 AM	12:36 PM	1:21 PM
Saturday, May 16, 2026	11:42 AM	10:12 AM 11:57 AM	1:27 PM	2:12 PM
Sunday, May 17, 2026	12:34 PM	11:4AM 12:49 PM	2:19 PM	3:04 PM

Monday, May 18, 2026	1:28 PM		11:58 PM 1:43 PM		3:13 PM		3:58 PM
Tuesday, May 19, 2026	2:24 PM		12:54 PM 2:39 PM		4:09 PM		4:54 PM
Wednesday, May 20, 2026							
Thursday, May 21, 2026							
Friday, May 22, 2026							
Saturday, May 23, 2026							
Sunday, May 24, 2026							
Monday, May 25, 2026	7:46 AM		6:16 AM 8:01 AM		9:31 AM		10:16 AM
Tuesday, May 26, 2026	8:48 AM		7:18 AM 9:03 AM		10:33 AM		11:18 AM
Wednesday, May 27, 2026	9:46 AM		8:16 AM 10:01 AM		11:31 AM		12:16 PM
Thursday, May 28, 2026	10:36 AM		9:06 AM 10:51 AM		12:21 PM		1:06 PM
Friday, May 29, 2026	11:21 AM		9:51 AM 11:36 AM		1:06 PM		1:51 PM
Saturday, May 30, 2026	12:03 PM		10:33 AM 12:18 PM		1:48 PM		2:33 PM
Sunday, May 31, 2026	12:43 PM		11:13 AM 12:58 PM		2:28 PM		3:13 PM
Monday, June 1, 2026	1:23 PM		11:53 PM 1:38 PM		3:08 PM		3:53 PM
Tuesday, June 2, 2026	2:02 PM		12:32 PM 2:17 PM		3:47 PM		4:32 PM
Wednesday, June 3, 2026							
Thursday, June 4, 2026							
Friday, June 5, 2026							
Saturday, June 6, 2026							
Sunday, June 7, 2026							
Monday, June 8, 2026							
Tuesday, June 9, 2026							
Wednesday, June 10, 2026	7:33 AM		6:03 AM 7:48 AM		9:18 AM		10:03 AM
Thursday, June 11, 2026	8:30 AM		7:00 AM 8:45 AM		10:15 AM		11:00 AM
Friday, June 12, 2026	9:28 AM		7:58 AM 9:43 AM		11:13 AM		11:58 AM
Saturday, June 13, 2026	10:26 AM		8:56 AM 10:41 AM		12:11 PM		12:11 PM
Sunday, June 14, 2026	11:21 AM		9:51 AM 11:36 AM		1:06 PM		1:51 PM
Monday, June 15, 2026	12:17 PM		10:47 AM 12:32 PM		2:02 PM		2:47 PM
Tuesday, June 16, 2026	1:14 PM		11:44 AM 1:29 PM		2:59 PM		3:44 PM
Wednesday, June 17, 2026	2:10 PM		12:40 PM 2:25 PM		3:55 PM		4:40 PM
Thursday, June 18, 2026							
Friday, June 19, 2026							

Saturday, June 20, 2026				
Sunday, June 21, 2026				
Monday, June 22, 2026				
Tuesday, June 23, 2026				
Wednesday, June 24, 2026	8:16 PM	6:46 AM 8:31 AM	10:01 AM	10:46 AM
Thursday, June 25, 2026	9:14 AM	7:44 AM 9:29 AM	10:59 AM	11:44 AM
Friday, June 26, 2026	10:07 AM	8:37 AM 10:22 AM	11:52 AM	12:37 PM
Saturday, June 27, 2026	10:55 AM	9:25 AM 11:10 AM	12:40 PM	1:25 PM
Sunday, June 28, 2026	11:38 AM	10:08 AM 11:53 AM	1:23 PM	2:08 PM
Monday, June 29, 2026	12:20 PM	10:50 AM 12:35 PM	2:05 PM	2:50 PM
Tuesday, June 30, 2026	1:00 PM	11:30 AM 1:15 PM	2:45 PM	3:30 PM
Wednesday, July 1, 2026	1:39 PM	12:09 PM 1:54 PM	3:24 PM	4:09 PM
Thursday, July 2, 2026	2:17 PM	12:47 PM 2:32 PM	4:02 PM	4:47 PM
Friday, July 3, 2026				
Saturday, July 4, 2026				
Sunday, July 5, 2026				
Monday, July 6, 2026				
Tuesday, July 7, 2026				
Wednesday, July 8, 2026				
Thursday, July 9, 2026				
Friday, July 10, 2026	8:02 AM	6:32 AM 8:17 AM	9:47 AM	10:32 AM
Saturday, July 11, 2026	9:04 AM	7:34 AM 9:19 AM	10:49 AM	11:34 AM
Sunday, July 12, 2026	10:06 AM	8:36 AM 10:21 AM	11:51 AM	11:51 AM
Monday, July 13, 2026	11:05 AM	9:35 AM 11:20 AM	12:50 PM	1:35 PM
Tuesday, July 14, 2026	12:03 PM	10:33 AM 12:18 PM	1:48 PM	2:33 PM
Wednesday, July 15, 2026	12:59 PM	11:29 AM 1:14 PM	2:44 PM	3:29 PM
Thursday, July 16, 2026	1:53 PM	12:23 PM 2:08 PM	3:38 PM	4:23 PM
Friday, July 17, 2026				
Saturday, July 18, 2026				
Sunday, July 19, 2026				
Monday, July 20, 2026				
Tuesday, July 21, 2026				
Wednesday, July 22, 2026				

Thursday, July 23, 2026	7:39 AM		6:09 AM 7:54 AM		9:24 AM		10:09 AM
Friday, July 24, 2026	8:38 AM		7:08 AM 8:53 AM		10:23 AM		11:08 AM
Saturday, July 25, 2026	9:35 AM		8:05 AM 9:50 AM		11:20 AM		12:05 PM
Sunday, July 26, 2026	10:26 AM		8:56 AM 10:41 AM		12:11 PM		12:56 PM
Monday, July 27, 2026	11:11 AM		9:41 AM 11:26 AM		12:56 PM		1:41 PM
Tuesday, July 28, 2026	11:53 AM		10:23 AM 12:08 PM		1:38 PM		2:23 PM
Wednesday, July 29, 2026	12:32 PM		11:02 AM 12:47 PM		2:17 PM		3:02 PM
Thursday, July 30, 2026	1:09 PM		11:39 AM 1:24 PM		2:54 PM		3:39 PM
Friday, July 31, 2026	1:46 PM		12:16 PM 2:01 PM		3:31 PM		4:16 PM
Saturday, August 1, 2026	2:22 PM		12:52 PM 2:37 PM		4:07 PM		4:52 PM
Sunday, August 2, 2026							
Monday, August 3, 2026							
Tuesday, August 4, 2026							
Wednesday, August 5, 2026							
Thursday, August 6, 2026							
Friday, August 7, 2026							
Saturday, August 8, 2026	7:43 AM		6:13 AM 7:58 AM		9:28 AM		10:13 AM
Sunday, August 9, 2026	8:49 AM		7:19 AM 9:04 AM		10:34 AM		11:19 AM
Monday, August 10, 2026	9:54 AM		8:24 AM 10:09 AM		11:39 AM		12:24 PM
Tuesday, August 11, 2026	10:53 AM		9:23 AM 11:08 AM		12:38 PM		1:23 PM
Wednesday, August 12, 2026	11:49 AM		10:19 AM 12:04 PM		1:34 PM		2:19 PM
Thursday, August 13, 2026	12:41 PM		11:11 AM 12:56 PM		2:26 PM		3:11 PM
Friday, August 14, 2026	1:30 PM		12:00 PM 1:45 PM		3:15 PM		4:00 PM
Saturday, August 15, 2026	2:18 PM		12:48 PM 2:33 PM		4:03 PM		4:48 PM
Sunday, August 16, 2026							
Monday, August 17, 2026							
Tuesday, August 18, 2026							
Wednesday, August 19, 2026							
Thursday, August 20, 2026							
Friday, August 21, 2026							
Saturday, August 22, 2026	8:00 AM		6:30 AM 8:15 AM		9:45 AM		10:30 AM
Sunday, August 23, 2026	8:58 AM		7:28 AM 9:13 AM		10:43 AM		11:28 AM
Monday, August 24, 2026	9:52 AM		8:22 AM 10:07 AM		11:37 AM		12:22 PM

Tuesday, August 25, 2026	10:38 AM		9:08 AM 10:53 AM		12:23 PM		1:08 PM
Wednesday, August 26, 2026	11:19 AM		9:49 AM 11:34 AM		1:04 PM		1:49 PM
Thursday, August 27, 2026	11:57 AM		10:27 AM 12:12 PM		1:42 PM		2:27 PM
Friday, August 28, 2026	12:33 PM		11:03 AM 12:48 PM		2:18 PM		3:03 PM
Saturday, August 29, 2026	1:09 PM		11:39 AM 1:24 PM		2:54 PM		3:39 PM
Sunday, August 30, 2026	1:46 PM		12:16 PM 2:01 PM		3:31 PM		4:16 PM
Monday, August 31, 2026	2:25 PM		12:55 PM 2:40 PM		4:10 PM		4:55 PM
Tuesday, September 1, 2026							
Wednesday, September 2, 2026							
Thursday, September 3, 2026							
Friday, September 4, 2026							
Saturday, September 5, 2026							
Sunday, September 6, 2026	7:32 AM		6:02 AM 7:47 AM		9:17 AM		10:02 AM
Monday, September 7, 2026	8:40 AM		7:10 AM 8:55 AM		10:25 AM		11:10 AM
Tuesday, September 8, 2026	9:45 AM		8:15 AM 10:00 AM		11:30 AM		12:15 PM
Wednesday, September 9, 2026	10:42 AM		9:12 AM 10:57 AM		12:27 PM		1:12 PM
Thursday, September 10, 2026	11:32 AM		10:02 AM 11:47 AM		1:17 PM		2:02 PM
Friday, September 11, 2026	12:19 PM		10:49 AM 12:34 PM		2:04 PM		2:49 PM
Saturday, September 12, 2026	1:04 PM		11:34 AM 1:19 PM		2:49 PM		3:34 PM
Sunday, September 13, 2026	1:46 PM		12:16 PM 2:01 PM		3:31 PM		4:16 PM
Monday, September 14, 2026	2:28 PM		12:58 PM 2:43 PM		4:13 PM		4:58 PM
Tuesday, September 15, 2026							
Wednesday, September 16, 2026							
Thursday, September 17, 2026							
Friday, September 18, 2026							
Saturday, September 19, 2026							
Sunday, September 20, 2026							
Monday, September 21, 2026	8:19 AM		6:49 AM 8:34 AM		10:04 AM		10:49 AM
Tuesday, September 22, 2026	9:12 AM		7:42 AM 9:27 AM		10:57 AM		11:42 AM
Wednesday, September 23, 2026	9:59 AM		8:29 AM 10:14 AM		11:44 AM		12:29 PM
Thursday, September 24, 2026	10:40 AM		9:10 AM 10:55 AM		12:25 PM		1:10 PM
Friday, September 25, 2026	11:17 AM		9:47 AM 11:32 AM		1:02 PM		1:47 PM
Saturday, September 26, 2026	11:54 AM		10:24 AM 12:09 PM		1:39 PM		2:24 PM

Sunday, September 27, 2026	12:32 PM		11:02 AM 12:47 PM		2:17 PM		3:02 PM
Monday, September 28, 2026	1:11 PM		11:41 AM 1:26 PM		2:56 PM		3:41 PM
Tuesday, September 29, 2026	1:54 PM		12:24 PM 2:09 PM		3:39 PM		4:24 PM
Wednesday, Sept. 30, 2026							
Thursday, October 1, 2026							
Friday, October 2, 2026							
Saturday, October 3, 2026							
Sunday, October 4, 2026							
Monday, October 5, 2026							
Tuesday, October 6, 2026	8:31 AM		7:01 AM 8:46 AM		10:16 AM		11:01 AM
Wednesday, October 7, 2026	9:32 AM		8:02 AM 9:47 AM		11:17 AM		12:02 PM
Thursday, October 8, 2026	10:25 AM		8:55 AM 10:40 AM		12:10 PM		12:55 PM
Friday, October 9, 2026	11:12 AM		9:42 AM 11:27 AM		12:57 PM		1:42 PM
Saturday, October 10, 2026	11:55 AM		10:25 AM 12:10 PM		1:40 PM		2:25 PM
Sunday, October 11, 2026	12:35 PM		11:05 AM 12:50 PM		2:20 PM		3:05 PM
Monday, October 12, 2026	1:15 PM		11:45 AM 1:30 PM		3:00 PM		3:45 PM
Tuesday, October 13, 2026	1:55 PM		12:25 PM 2:10 PM		3:40 PM		4:25 PM
Wednesday, October 14, 2026							
Thursday, October 15, 2026							
Friday, October 16, 2026							
Saturday, October 17, 2026							
Sunday, October 18, 2026							
Monday, October 19, 2026							
Tuesday, October 20, 2026	7:35 AM		6:05 AM 7:50 AM		9:20 AM		10:05 AM
Wednesday, October 21, 2026	8:26 AM		6:56 AM 8:41 AM		10:11 AM		10:56 AM
Thursday, October 22, 2026	9:13 AM		7:43 AM 9:28 AM		10:58 AM		11:43 AM
Friday, October 23, 2026	9:56 AM		8:26 AM 10:11 AM		11:41 AM		12:26 PM
Saturday, October 24, 2026	10:36 AM		9:06 AM 10:51 AM		12:21 PM		1:06 PM
Sunday, October 25, 2026	11:16 AM		9:46 AM 11:31 AM		1:01 PM		1:46 PM
Monday, October 26, 2026	11:57 AM		10:27 AM 12:12 PM		1:42 PM		2:27 PM
Tuesday, October 27, 2026	12:41 PM		11:11 AM 12:56 PM		2:26 PM		3:11 PM
Wednesday, October 28, 2026	1:28 PM		11:58 AM 1:43 PM		3:13 PM		3:58 PM
Thursday, October 29, 2026	2:18 PM		12:48 PM 2:33 PM		4:03 PM		4:48 PM

Friday, October 30, 2026							
Saturday, October 31, 2026							

Tide information is from <https://www.usharbors.com/harbor/massachusetts/north-river-ma/tides/>

You are responsible for checking times and determining the best start time for your situation.